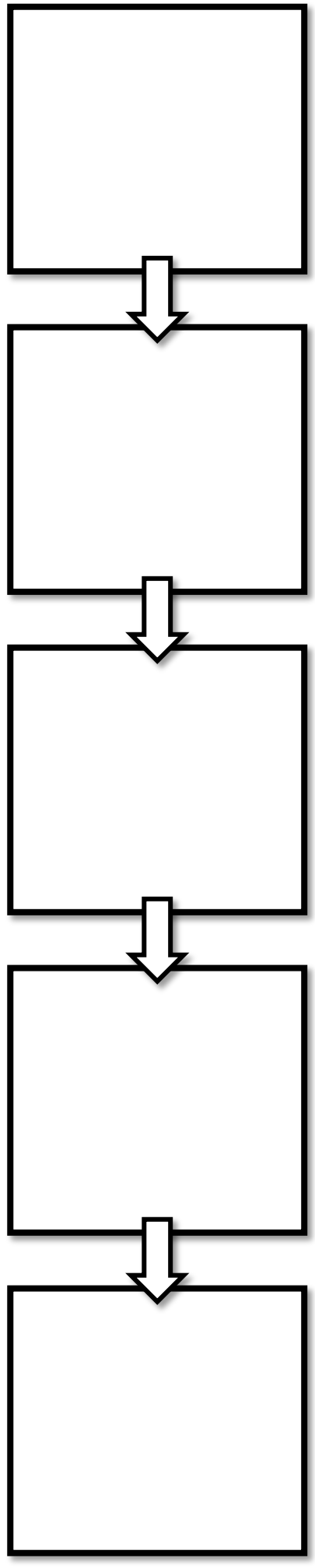How Does it Work?